## Travelogue YOGA IN NICARAGUA...

A peaceful adventure in paradise

riple Dare has discovered a Yoga center located on the Pacific coast in Southwest Nicaragua. The main studio is situated on a bluff, where the waves crash directly below and beside a picturesque secluded beach. There is a private pool adjacent to the studio, overlooking the beach and surrounded by palm trees.

After a morning yoga session, there are five private beaches for relaxation, jungle hiking trails, horseback riding stables, snorkeling, deep sea fishing and world class surfing.

The gated, private retreat is situated on 2,700 acres of rolling geography, with pristine jungle foliage.



walk from the luxurious beachfront condominium where guests reside. The

> residence is located on the main beach within a five minute walk to a gym and massage studio.

This tour package includes pick-up and drop-off at the airport in Managua and the use of a 4 x 4 vehicle with driver during your entire stay. Your driver can take you throughout the resort and to local Hamlets to sample the excellent



PLEDAR

The Multi-Adventure Company

Yoga on the beach with instructor Gabriela Prado was unforgettable.

cuisine and unspoiled local culture.

Nicaragua 2015 Yoga

Nicaragua's beautiful landscape made up of rivers, lakes, volcanoes and tropical forest creates an idealistic

backdrop for all travelers. Let Triple Dare provide you with an unforgettable adventure.

This Triple Dare package is the perfect retreat to balance relaxation and exotic escape.

Ask about our early booking discount to save 15% off your package. Call us today at (415) 302-3577 or email adventure@tripledare.net.

www.tripledare.net

im@tripledare.net

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(415) 302-3577

Watching the sun go down after a full day. on the beach was nothing short of amaying.